



Title: Uli: Mirrors and Horned Beings

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ULI

Mirrors and Horned Beings

Conversation with Kapi'ioho
November 19, 20, 22, 2008

Mohai, sacrifice, to be of higher plane.

- Horns symbolizes, 'what sacrifices itself for us.'
- We use the horn to call that spirit.
- It is the reminder. The Aumakua remind us to remember the sacrifice.
- Some chiefs wear the horn (on the head) to show/strengthen the connection to the animal but may forget the sacrifice and say, 'I'm as great as this God/Animal and 'I' sacrifice and feed you, like this animal.'
- Its spirituality in its purest form, created in the center of the universe; created between things. That gigantic atom in the sky is in us also. The space between two heavenly bodies is not as big as the space between the atoms in us. In that space is *Uli*, darkness, not Po which is the lack of light. In between is the energy and the harmony. The Black Hole, eats; the White Hole puts out.
- Spiritual perfection; the yin-yang in interaction – power and harmony blending together to create spiritual perfection. Kahuna contact and remain in contact with *Uli* to help people.
- Spirituality is based upon the blending between power and harmony. Power is the uncontrollable force and harmony is actually like a blob! They need each other and must go together.
- Medicine People go into Uli; become Uli and then come back out. Religious people can't get close. They are not supposed to. You meet the Aumakua and things that sacrifice self for physical existence and then become that – those Horns or symbols of what they represent. We come back and draw the true figures.
- When you look in a mirror, when do you see it? Sometimes not. Depends on the person, moment.
- Dimensions may move around.

Uli, look into Uli the place of perfection; it comes back into us.

Ma uli, In the place of darkness it's the space between things where enormous spirit energy and harmony comes to us. This is not the spirit of the Ancestors. Energy plus harmony equals, spirituality.

Hewa, The curse we put on ourselves. When we leave work; leave the work there, don't bring business back to the home or the home concerns to work.

Bring Hawaiian language into the work business, in memos, in greetings, even in simple ways it will help to bring forth our thinking.

We have to be at peace. When we're around someone who is at peace with the past, future and self and each other, it's contagious. Barack Obama is at peace with himself.

Hamo.....to breathe through the spine; to deal with stress. Ie. Some meals are high stress meals!

I don't go to ULI with a question, maybe I have them in my mind somewhere but I don't think about them (in this moment). I go to Uli and certain things are revealed. Maybe and issue you had or something Spirits decide you need.

I go with an empty cup and fill it with whatever is given.

It brings a bunch of clarity. That's what is given.

When you go there, you don't want to come back but to stay as long as you can and then come back as soon as you can.

Po is where the Ancestors are at.

Uli is where the higher forces are. The Kahuna can go back and forth to Uli where you meet particular teachers. Their teaching becomes clear. Sometimes clarity makes me more confused in a human way which has to make sense (of it).

When we meditate, we start to put it together.

I meditate before I drive with no objective; then I drive. Aumakua appear. Now I am in another dimension and at the end I come up with fantastic thoughts.

I never went in with an intention of solving one thing but came out with it. I'm looking for answers in there (Uli) but not consciously. When I come out, I'll know I was with someone but in there, I'm gone. Out of it, in this clarity, I'll know if it was an Ancestor.

I've worked on helping others to allow others to go to a deeper place.

Hewa, allow things to control you.

Help them find peace from within. Bring peace in and Heva has to get out but it's a fight because it's been comfortable in there (in the psyche or heart). The body nearly stops. Work on the senses to get going.

Moku Mana Mana in 2012...looking for the ship.